

PhysIQ Cleanse

What is PhysIQ Cleanse?

PhysIQ Cleanse uses natural ingredients that help support your digestive system's ability to clear itself out and purge toxins—nourishing your kidneys, liver, urinary tract and intestines.

How do I take this product?

Take 2 capsules in the morning and 2 in the evening with a large glass of water for a total of 4 capsules per day. Take PhysIQ Cleanse for 7 days. Drink plenty of water throughout the days to prevent dehydration and maximize product benefits.

Am I going to lose weight on PhysIQ Cleanse?

PhysIQ Cleanse is intended to jump start your internal weight management system every month. Any weight loss you experience while taking PhysIQ Cleanse is related to its laxative properties and the effects of detoxifying and cleansing your body.

Is PhysIQ Cleanse a laxative?

Yes, a mild one.

How do I know if PhysIQ Cleanse is working?

PhysIQ Cleanse is working if you are experiencing increased bowel movement and are using the restroom more than normal.

Why is Ginger Root part of the formula?

Ginger was added to help soothe your digestive system while laxatives are being used.

Is PhysIQ Cleanse safe to use if I am pregnant?

Do not use if you are pregnant or nursing.

How often can I use PhysIQ Cleanse?

Take PhysIQ Cleanse for seven consecutive days as directed. You may repeat this process every 4 weeks.

Can children use PhysIQ Cleanse?

No, PhysIQ Cleanse is recommended only for Adult consumption.

How quickly will I experience results?

All bodies are different, so results will vary. Most people see their digestive system start to reduce body waste build-up within days of starting the product.

Can I use Protandim with PhysIQ Cleanse?

Yes, you may use Protandim with PhysIQ Cleanse.

Why is Buckthorn Bark added to the formula?

Buckthorn bark is a mild laxative and helps stimulate intestinal contractions to enhance the evacuation of waste from the colon.

What are Fructooligosaccharides and why are they in PhysIQ Cleanse?

Fructooligosaccharides are dietary fibers and known as prebiotics (different than probiotics). They are the main fuel of the good microflora naturally present in the gut (probiotics) and help with mineral absorption in the colon.

Why is Chinese Rhubarb Root in PhysIQ Cleanse?

Chinese Rhubarb Root is used as a mild laxative in traditional Chinese medicine. It's added to speed the evacuation of waste from the colon.

Why is Dandelion Root in PhysIQ Cleanse?

Dandelion promotes diuretic action and supports the functions of your liver, kidney and gall bladder (bile formation and flow).

What is Uva Ursi and why is it present in PhysIQ Cleanse?

Uva Ursi is a plant known to help support healthy bladder function and has mild diuretic activity.

Has PhysIQ Cleanse been clinically tested?

The ingredients in this product have been scientifically studied and historically used for improving digestion and bowel movement.

Is this FDA approved?

Dietary supplements don't need to be formally approved by the FDA before they're put on the market. However by law, all products have to be safe, legal and do what they claim to do. The FDA does regulate products once they are on the market.

Does PhysIQ Cleanse contain Nrf2 ingredients?

No.

Are there any side effects from using this product?

PhysIQ Cleanse's dosage and ingredients were selected to minimize discomfort—discontinue use and seek medical attention if significant side effects occur. This product is not intended for long-term continued use, or your bowels could become dependent on the product for evacuation.

Individuals with irritable bowel disorders—such as ulcerative colitis and Crohn's disease—electrolyte imbalances, intestinal obstruction or appendicitis should not use this product. Not intended for use by children, pregnant women or breast-feeding mothers.

PhysIQ™ Product Line

What is PhysIQ?

PhysIQ is the smart way to manage your weight. PhysIQ uses scientifically proven ingredients to support your diet and exercise routine—helping you look and feel your best. Designed to recharge and balance your body's natural weight management system, PhysIQ is a safe, long-term solution that starts burning stubborn fat.

What products make up the PhysIQ Line?

PhysIQ is made up of 4 unique products: PhysIQ ProBio with Immune Support, PhysIQ Fat Burn, PhysIQ Cleanse & PhysIQ Protein Shake.

Do I need to take all the products?

If you want the best results, take all products together. They're designed to work with each other to recharge and balance your body's natural weight management system.

Where are the products manufactured?

All PhysIQ products are manufactured in the USA.

Is exercise required when taking PhysIQ?

Yes. PhysIQ works with your exercise routine to help you manage your weight. We recommend exercising 3-5 days a week, for 30-60 minutes a day, to look and feel your best.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.