

LifeVantage®

PHYSIQ™



PhysIQ™ — The *Smart Way* to Manage Your Weight

Feel good about waking up in your body by managing your weight the smart way—with PhysIQ. As we get older, our stressful lives give us less time to be healthy and we all need help managing our waistlines. Designed to recharge and balance your body's natural weight management system, PhysIQ is a safe, long-term solution that starts burning stubborn fat. PhysIQ uses proven ingredients to support your diet and exercise routine—helping you look and feel your best starting today.

Who Has Time to be Healthy?

Stressful days sitting at a desk, hectic weekends in the car, and unhealthy meals on-the-run pack on unwanted pounds and drain your energy. Some days, just getting out of bed is a chore—your energy is low and your waistline isn't getting any smaller. In the little time you have for yourself, it doesn't seem like there's a sustainable way to improve your health for the long-run—there is.

Short-Term Fixes aren't Smart Answers

Fad diets, extreme exercise routines, and starving yourself with juice cleanses are unsustainable and can send you further out of balance. Losing weight and reclaiming your health requires diet and exercise, but long-term balance is vital.

Supplementing your diet and exercise routine with the benefits of probiotics, protein, and natural fat burners is the smart way to wake up your body's fat metabolism, build muscle and control your appetite.

You Have the Time to Get Healthy Today

You might not be able to change your career or hire a nanny to give you more time, but you can restore your body's ability to burn fat and stay healthy with PhysIQ from LifeVantage. It's scientifically formulated to increase energy, support clear digestion, support your immune system, and help your body burn inches from your waist. PhysIQ is an effective and safe weight management solution for the long term. Get energy today and lose inches for years.

PhysIQ—Manage Weight the Smart Way

The next time you wake up, give your day a boost with our proven PhysIQ weight management system. Using these products together, you immediately begin to recharge and rebalance your body's internal weight management system. This comprehensive approach helps kick start the body's ability to lose weight, supports optimal digestion and immune function, and can lead to inches melting from your waist. Combined with a balanced diet and exercise program, PhysIQ is the smart way to meet your weight management goals.

PHYSIQ BENEFITS

- Reduces abdominal fat, waist size and hip circumference
- Helps restore gut integrity and support digestive system
- Safely supports your immune system
- Increases lean body mass to support effective weight loss
- Makes you feel full longer

The PhysIQ Weight Management Line

PHYSIQ FAT BURN

Starting the day you take it, you'll feel the energizing effects of PhysIQ Fat Burn's active ingredients—Sinetrol® and Svetol®. They use naturally derived fat burners—like citrus and green coffee bean extract—to stimulate the breakdown of abdominal fat and support long-term weight management. Combined with exercise and a healthy diet, you can burn stubborn fat and uncover a body you love.

FAT BURN BENEFITS

- Increases fat burning by using stubborn fat cells as energy
- Reduces abdominal fat, waist size and hip circumference
- Helps you feel more energized
- Helps maintain balanced blood sugar levels already within healthy range
- Supports weight management

PHYSIQ PROBIO

PhysIQ ProBio uses proven ingredients to support long-term gut health and bring you one step closer to your weight management goals. With BIO-Tract® controlled-release technology and Wellmune®, it's a scientifically advanced answer to gastrointestinal problems that doesn't come with unnecessary side effects. PhysIQ ProBio is the smart way to support optimal digestion and immune system function.

PROBIO BENEFITS

- Provides 6 Billion CFUs of healthy bacteria to support your digestive system
- Restores your gut flora with healthy bacteria
- Helps restore gut integrity
- Wellmune® is a clinically proven ingredient to safely support your immune system
- Features BIO-Tract®, a unique controlled release technology, delivering probiotics throughout the day and deep into your digestive system—where they are needed most
- Helps improve tight junctions and the communication between your brain and gut to signal you are full

PHYSIQ PROTEIN SHAKE

The PhysIQ Protein Shake is a great tasting way to build the muscle your body needs to burn stubborn fat. It combines fast- and slow-release proteins to immediately curb your appetite and keep you full longer without unnecessary sugar, carbohydrates and calories. It delivers a complex array of amino acids to support quick workout recovery and help you build and maintain lean body mass, which helps you burn fat more effectively.

PROTEIN SHAKE BENEFITS

- Fast- and slow-release proteins satisfy instantly and make you feel full longer
- Increases lean body mass to support effective weight loss
- Supports quick recovery and improved muscle synthesis from BCAAs (branched-chain amino acids)
- Free of GMOs, soy, artificial colors, artificial flavors and artificial sweeteners

PHYSIQ CLEANSE

Clean digestion is the first step to success with our PhysIQ weight management system. Using natural ingredients, PhysIQ Cleanse helps your system clean itself and get moving again. It stimulates digestive regularity, clears the way for healthy digestion and gives you the key to hit your health goals—getting unstuck.

CLEANSE BENEFITS

- Stimulates healthy digestion and supports cleansing of your digestive system
- Aids in weight management and makes you feel lighter
- Reduces belly bloat
- Helps you feel more energized

The Science Behind PhysIQ

Every product in the PhysIQ line is inspired by our lives and supported by science and contains clinically proven ingredients that support your body's natural abilities to burn unhealthy fat, digest optimally, keep you healthy, and build lean muscle.

With patented technologies like BIO-Tract® to improve delivery of healthy bacteria and proven fat burners like Sinetrol® and Svetol® on your side, you're more likely to meet your weight management goals.

Whenever possible, LifeVantage uses natural ingredients—even the patented ones—and believes in combining the wisdom of nature with the reliability of science. Everything in the PhysIQ line is designed to work together to recharge and rebalance your body's internal weight management system—delivering real, lasting results.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.